

Universal Academy October 2025 (GSRP) LUNCH MENU





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
eats & Poultry are <u>HALAL</u>	29	30	1 **Fall Count Day**	2	3
dents & Teachers oy a Family Style eakfast & Lunch. oks are served to all Students.	Hamburger W.G Bun Baked Potatoes Wedges Fresh Apple Ketchup	Bean Burrito Swd Kidney Beans Sliced Oranges	Domino's Cheese Pizza Salad/Ranch Dip Apple Slices W.G Choc Chip Cookie	Chicken Patties W.G Bun Coleslaw Salad Strawberries	Half Day No Lunch Breakfast Only
institution is an					
opportunity	[6	7	8	9	10
ow-fat Unflavored is served with each	Macaroni & Cheese Steamed Carrots Pineapple Chunks	Chicken Tenders Mashed Potatoes Red Apple	W.G Cheese Pizza Hummus Sliced Orange	Grilled Cheese Swd Marinara Sauce Watermelon	Half Day No Lunch Breakfast Only STUDENTS & STAFF
Meal		1			
uit Varieties are	13	14	15	16	17
h, Canned, Frozen) Junch Served nday-Thursday	Chicken Patties W.G Bun Baked Fries Michigan Apple	Cheese Breadstick Marinara Sauce Fruit	Wow Butter Grape Jelly Swd Baby Carrots Fresh Apple	Chicken Shawarma W.G Pita Bread Salad Strawberries	Half Day No Lunch Breakfast Only
					
	20	21	22	23	24
LENU IS SUBJECT TO INGE WITHOUT NOTICE as your lunch Today??? Is a note let us know !!!	Halal Roasted Turkey W.G Breadstick (10z) Salad Orange	Baked Chicken Breast W.G Steamed Rice Cucumbers Fruit	W.G Cheese Pizza Baked Fries Pineapple Chunks	W.G Soft Tortilla Ground Beef Taco Marinara Sauce Apple	Half Day No Lunch Breakfast Only
tions are Welcome !!!	27	28	29	30	31-Oct
you need any further mation, Please contact- Mrs. Salma Koubaa	Chicken Tenders Waffle Baked Fries Watermelon	Hamburger/W.G Bun Sweet Potatoes GingerGold Apple	W.G Cheese Pizza Hummus Green Pear	Tuna W.G Croissant Baby Carrots Orange	Half Day No Lunch Breakfast Only STUDENTS & STAFF
13) 581-5006 Ext.120					

Different colored fruits and veggies contain different vitamins & minerals. You should have 2 servings of low glycemic fruits per day. Examples of low glycemic fruits include: berries, apple, orange, pear, peach, nectarine, plum and cherries.