



UNIVERSAL ACADEMY

February 2026 K-12 BREAKFAST MENU



- Cereal Choices**
 Trix Bowl / Bar
 Coco Puffs/Bar
 Cheerios Mix
 Rice Chex
 Yogurt Parfait
 Straw. Banana
 Raspberry
 Vanilla
- Muffin Choices**
 Chocolate Chip
 Blueberry
 Apple cinnamon
 Donut Choices
 Powdered

This institution is an equal opportunity Provider

All Meals are served With 100% Juice and Fruit (fresh, Canned, Dried, or Frozen) Students **MUST** take Fruit and/or Juice with their

Milk Choice of 1% low-fat Chocolate, 1% low-fat unflavored, 1% low-fat Strawberry are served with each Meal

BREAKFAST PRICES FREE FOR ALL STUDENTS
 Additional Breakfast Meal may be purchased at A la Carte price.
 Breakfast Served M-F

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

Let us hear from you How was your breakfast today ? Suggestions are welcome!!!

If you need any further information, Please contact Mrs. Salma Koubaa at (313)581-5006 Ext. 120

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2-Feb W.G Apple Cinnamon Muffin Or W.G Cocoa Puffs Cereal Bowl W.G Goldfish Crackers <i>Fruit</i> <i>100% Fruit Punch Juice</i>	3-Feb English Muffin (2oz) With Strawberry Jam Or Lite Cream Cheese Or Honey Cheerios Cereal Bowl (2oz) <i>Pears/100%Fruit juice</i>	4-Feb Cocoa Cherry soft Bar W.G Vanilla ChatSnax Grahams Or Mini Blueberry Muffin (10z) <i>Sour watermelon raisins</i> <i>Diced Peaches Cup</i>	5-Feb Meat Pie (1 oz.eq Gr+1 M/MA) Cheese Pie (1 oz.eq Gr+1 M/MA) W.G Zaatar Pie (2oz.eq Gr) Cinnamon Taost Crunch Bowl <i>100% Apple Juice</i> <i>Fresh Apple</i>	6-Feb Yogurt Parfait Fieldstone Granula Bar 1 Ea=1 oz eq Grain Or W.G Apple Cinnamon Muffin (2oz) <i>Banana/Strawberry</i>
9 W.G Cocoa Puffs Cereal Bar Blueberry Lemon Crackers Or <i>Trix Cereal Kit</i> <i>W.G Animal Crackers</i> <i>100% Fruit Juice</i> <i>Red Apple Delicious</i>	10 W.G Cinnamon Apple Muffin (2oz) Or Blueberry Lemon Soft Bar W.G Goldfish Crackers <i>Diced Peaches Fruit Cup</i> <i>Rock'n Blue SourRaisins</i>	11 SUPPLEMENTAL COUNT DAY Cocoa Puffs Cereal Bar(10z) Vanilla ChatSnax Grahams Or W.G Fully curved croissant with American Cheese <i>100% Apple Juice</i> <i>Fresh Fruit Choice</i>	12 Hot Breakfast Choice Meat Pie (1 oz.eq Gr+1 M/MA) Cheese Pie (1 oz.eq Gr+1 M/MA) W.G Zaatar Pie (2oz.eq Gr) Or Cinnamon Taost Crunch Cereal Bowl (2oz) <i>Pear/ 100% Juice</i>	13 1/2 day for students & Staff Yogurt Choice W.G Sweet Crackers Or Granola Bar Or W.G Apple Cinnamon Muffin (2oz) Or French Toast Bites <i>Banana</i> <i>Rock'n Blue SourRaisins</i>
16	17	18	19	20

NO SCHOOL

23 Cinnamon Toast Crunch Bar W.G Sweet Crackers Or Blueberry Lemon Soft Bar W.G Goldfish Crackers <i>Diced Fruit Cup</i> <i>Fresh Apple</i>	24 Cinn Sweet snack Waffles  <i>Trix Cereal kit with Animal Crackers & 100% Apple Juice</i> <i>Fresh Fruits</i> <i>Raisins</i>	25 Cocoa Puffs Cereal Bowl W.G Sweet Crackers Or W.G Fully curved croissant with American Cheese <i>100% Apple Juice</i> <i>Fresh Orange</i>	26 Blueberry Waffles Or French Toast Bites Or Breakfast Cereal Bar W.G Cheez-it Crackers <i>Fresh Fruit</i>	27 Yogurt Choice W.G Goldfish Crackers Or Mini Blueberry Muffin W.G Sweet Crackers <i>100% Fruit Juice</i> <i>Banana</i>
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Eating Breakfast will improve your: Mood, Ability to Focus, Energy Levels, and Ability to make healthy choices
Soy and/or Almond Milk are available to accomodate justified dietary needs.

Breakfast Provides Benefits...Make it a Priority!
 Research has proven that students who eat breakfast have higher math and reading scores.

