



# Universal Academy

## JANUARY 2025 GSRP LUNCH MENU




All Meats & Poultry are **HALAL**


**GREAT NEWS!!!!**  
 All of our students have been approved to receive Breakfast and Lunch meals at No Cost to Them, FREE !!!

This institution is an equal opportunity Provider and Employer

Milk Choice of 1% White is served with each Meal  
 Fruit Varieties are served with each Meal (Fresh, Canned, Frozen)  
 Lunch Served Monday-Thursday

 MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

How was your lunch Today???  
 Drop us a note let us know !!!  
 Suggestions are Welcome !!!



If you need any further Information, Please contact- Mrs. Salma Koubaa at

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WINTER BREAK</b>				
1 	2 	3 	4 	5 
6 Cheese Breadstick Marinara Sauce Orange Slices	7 Chicken Patties W.G Bun Butternut Squash Golden Apple	8 W.G Cheese Pizza Hummus Peach Diced Cup	9 Beef Hot Dog W.G Bun Waffle Baked Fries/ Ketchup Banana	10  Half Day No Lunch Breakfast only
13 Beef Shawarma Swd Baked Fries Fresh Mandarin	14 Macaroni & Cheese Grilled Egg Plant Fresh Apple	15 Dominos Cheese Pizza Salad Fruit	16 Nacho Tortilla Chips Ground Beef Marinara Sauce Red Grapes	17  Half Day No Lunch Breakfast only <b>STAFF &amp; STUDENTS</b>
20 <b>NO SCHOOL</b> Dr. Martin Luther King Jr.	21 Beef Burger W.G Bun Steamed Corn Red Apple	22 W.G Cheese Pizza Hummus Fresh Orange	23 Bean Burrito Sweet Potato Strawberries	24  Half Day No Lunch Breakfast only
27 Chicken Tenders W.G Breadstick Lentil Soup Green Pears	28 Lamb Haneeth (2oz) W.G Brown Rice Steamed Potatoes Fresh Apple	29 Dominos Cheese Pizza Greek Salad Orange Slices	30 Tuna W.G Croissant Sliced Cucumbers Blueberries	31  Half Day No Lunch Breakfast only

Different colored fruits and veggies contain different vitamins & minerals. You should have 2 servings of low glycemic fruits per day. Examples of low glycemic fruits include: berries, apple, orange, pear, peach, nectarine, plum and cherries.